

Meat Loaf



Cook time: 75 min Level: Normal

Ingredients

3 lbs. Ground Beef 1 cup chopped onion

½ cup chopped celery

1 tbsp. minced garlic

1 ½ tsp. salt

½ tsp. dried basil

½ tsp. dried thyme

½ tsp. ground black pepper

2 eggs

½ cup milk

1/4 cup ketchup

1 ½ tsp. Aunty Lilikoi Passion Wasabi Mustard

1 tsp. Worcestershire sauce

1 box stuffing mix—any flavor

Glaze:

1 tsp. Aunty Lilikoi Passion Wasabi Mustard

½ cup ketchup

2 tbsp. light brown sugar

1 tsp. Worcestershire sauce

Instructions

In a large mixing bowl, combine first 14 ingredients and mix thoroughly. Transfer the mixture to a 9 inch x 5 inch x 3 inch loaf pan; shape into a loaf. Combine Glaze ingredients in a small bowl; stir to blend. Spread glaze evenly over the top of the meat loaf.

Bake at 350 degrees for 1 hour and 15 minutes.