



## Game Hens



Total time: 3 min  
Prep time: 4 min  
Cook time: 3 min  
Yield: 6 servings  
Level: Normal

## Ingredients

2 game hens  
½ cup Aunty Liliko'i Passion Fruit Jelly  
2 Tbsp Aunty Liliko'i Passion Fruit Mustard  
2 clove garlic

## Instructions

Split the game hens in half. Mix the jelly, mustard and garlic together. Put this mixture and game hens into a ziplock bag, making sure hens are well coated. Marinate for at least four hours.

**Place game hens on a baking sheet and bake for 45 minutes at 350 degrees.**