

## **Game Hens**



Total time: 3 min Prep time: 4 min Cook time: 3 min Yield: 6 servings Level: Normal

## Ingredients

2 game hens ½ cup <u>Aunty Lilikoi Passion Fruit Jelly</u> 2 Tbsp <u>Aunty Lilikoi Passion Fruit Mustard</u> 2 clove garlic

## **Instructions**

Split the game hens in half. Mix the jelly, mustard and garlic together. Put this mixture and game hens into a ziplock bag, making sure hens are well coated. Marinate for at least four hours.

Place game hens on a baking sheet and bake for 45 minutes at 350 degrees.